



Telephone Contact Service (Coronavirus/Covid-19)

Are you self-isolating due to having suspected Covid-19 or because you are a member of an identified vulnerable group for example over 70 or have underlying health conditions?

If **Yes**

Would you benefit from a regular **FREE** Friendly Telephone contact service?

If **Yes** – Call our support line on **01827 59646** (from Thursday 19th March 2020) anytime between 10am-3pm. Answer machine outside these times so please leave your name and contact number.

The service is offering:

- Regular telephone contact with a trained volunteer
- Friendly chat/befriending
- Sign posting support
- Tips on self-isolating
- Text Updates



The service will also offer FaceTime, WhatsApp, Skype calls if preferred.

Where additional support is identified or needed, we will signpost or alert the relevant agencies safeguarding you and those offering help.

This is not a medical advice line. Still call NHS 111 or 999 in medical emergencies.

Don't Feel alone during this time we are here to help!

This service is delivered by Tamworth Social Prescribing funded through the Mercian PCN